



DAY HAB NEWS

JULY-SEPTEMBER 2018

Issue 5.

Family Newsletter

ARC Day Habilitation for People with Disabilities

1145 East 55th Street Brooklyn, NY 11234

Hello Parents and Caregivers:

Yay, **Summer** is here! Will it be hot and humid or rainy and cool?

This quarter we have wonderful new ideas and activities in store for you and your loved ones. On our scheduled list, we are going to Miniature Golfing, Baseball games, Annual Field Day, Movies and much, much, more. We're changing things up this year and doing it big! We have great indoor activities planned such as computer lab, cooking and baking as well as our morning lessons.

Our First announcement is our Annual Fun Day will be a block party this year and it will be held on July 21st on East 55th street between Glenwood and Ave H. Come have some fun and show us your support at the same time, everyone is welcomed. Our next amazing news is that for the first time ever, the Day Habilitation program will be holding a Bingo & Mingle event! This Event will be held on August 11th at our Foster Ave. location and it's our way of getting to know each family better while having fun. We invite everyone to come out for an evening of games, music, dialogue, food and wonderful surprises.

MONTHLY AWARENESS EVENTS:

During each month the staff is encouraged to find or come up with some themes that are informative for your loved ones to learn more about. This month the staff picked three topics to teach your loved

ones about, which will be: **WORLD FRIENDSHIP DAY**, which is on July 30th. On this day your loved ones will be making friendship bracelets and making friendship cards with encouraging messages. August 19th is **HUMANITARIAN DAY**. During this time, we will be teaching your loved ones what the word humanitarian means and how/what they can do at the program and out in their communities to help become better humanitarians. **Cupcakes!** That's right starting the week of September 17th through the 21st it's **NATIONAL CUPCAKE WEEK**. During this week your loved ones will be learning about nutrition and its importance as well as about healthy eating. On the last day of cupcake week your loved ones will be baking an assortment of different cupcakes to enjoy and share with one another.

GENTLE REMINDER: We know your loved ones leave early; please make sure they have something to hold them over until lunch time which is at 2:00pm. Although eating is not allowed on the vans for safety reasons, they may bring snacks and eat them when they are off the vans. You may provide your loved ones with money, so they may purchase lunch if they are hungry. Please make sure they have enough to eat daily. As the weather warms up please make sure your loved ones are dressed appropriately, bring bottled water to keep them hydrated and use sunscreen to protect them from the sun's uv rays. We will be doing a lot of outdoor activities and we want everyone to be safe and healthy.

Parents/Caregivers: we have noticed a lot of your loved one's medical information is outdated. We will be providing them each with medical forms to take home, so they may be filled out and returned in a timely manner. This information is not only necessary but integral to the program as well.

STAFF NEWS:

We would like for everyone to welcome our new staff member Eddy! Eddy is excited to join the Day Habilitation program and can't wait to jump right into the swing of things. In other news our DSP Daniel is no longer with the Day Habilitation program and has transferred over to our workshop program. We will miss him tremendously but wish him all the best.

ATTENDANCE/PICKUPS: As you know your loved ones make these kinds of programs possible and we "Thank You" for that. We ask that your loved ones be ready for pickup by 8:30 a.m. (This does not mean that we will be there to pick them up at that time.) If they are not coming to program please call the van cellphones, which will be listed on every newsletter, to notify us that your loved one will be out. This not only helps us with our daily planning and scheduling, but it also saves the drivers time by not having to make unnecessary stops.

Birthday Shout outs to the following members:

Alvin: July 11th
Molique: July 18th
Marisa: July 24th
Naquanna: July 25th
Terence: July 27th
Andre: August 5th
Ronique: August 6th
Sara: August 9th
Nakesha: August 13th
Jason: August 20th
Alia: August 24th
William: August 30th
Charlie: September 14th
Chancia: September 16th
Jonathan: September 18th



Nikkita: September 23rd
Curtis: September 26th
Kelvin: September 28th

Birthday Celebrations are welcome!!!

Van Numbers/Routes:

VAN 1 DOWNTOWN: 917-474-4538
VAN 2 BROWNSVILLE: 646-734-9341
VAN 3 BEDSTUY: 347-452-1094
VAN 4 CONEY ISLAND: 646-734-6382
VAN 5 FLATBUSH: 347-909-5698
VAN 6 CANARSIE: 718-954-5750

To reach the Day-Hab Program you may call (718) 531-7500 Monday-Friday between the hours of 9:00 a.m. – 5:00 p.m.



Please remember to call us with any change of address, home or cell number. We always want to be able to reach you.

EVENT DATES:

CYCLONES BASEBALL GAME: July 16TH
ARC BLOCK PARTY: July 21ST
FIELD DAY: August 10TH RAIN DATE: 17TH
BINGO & MINGLE: August 11TH
ROUTE CHANGE: FIRST BUISNESS DAY IN September

CLOSINGS:

JULY 4TH - INDEPENDENCE DAY
SEPT. 3RD - LABOR DAY

Fundraising

For those of you, who shop on Amazon.com, please remember Amazon is donating 0.5% to ARC! Go to smile.amazon.com, sign in with your current Amazon account OR create an account for free, choose ARC as your charity, and start shopping! Please share all fundraising news with your family, friends, co-workers and neighbors about all the amazing ways they can support ARC.